



Rehabilitation for Physically Disabled

Yayasan Peduli Kemanusiaan Bali - Bali Humanity Care Foundation

Newsletter

July - September 2013



## Introduction

Dear friends and family of YPK,

Thank you for your ongoing interest in our work. We are continuing to work hard across all our programs to serve Balinese people with disabilities.

Below are highlights from July, August and September 2013. You can find more information about our work and how to support it on our *website* and *Facebook* page. Please email [info@ypkbali.org](mailto:info@ypkbali.org) if you would like to begin receiving news from YPK or wish to unsubscribe.

From the YPK Bali team



## Family Jamboree

Having quality time with all patients and families help boost unity, solidarity and quality of life. In mid-2013, everyone from YPK visited Warung Rekreasi Bedugul, which features beautiful landscape gardens in Tabanan Regency.

We did lots of fun activities such as games, singing, and dancing. The staff designed games that were fun for everyone.

The activity helped with renewing

and strengthening relationships among the staff, patients and families.

"I am pretty sure that for most of us, outings give us pleasant memories and we always have a great time. I especially liked the games.

I learned that it does not matter how we look, the right thing is how we can support each other," Intan's husband said.

“ This activity was part of the continuing efforts to improve community health ”

## Expanding Networks

An American expert in special needs education and speech therapy conducted a workshop at the Annika Linden Centre. Karen Kaplan shared her opinions about education for children with special needs to the YPK education team, directors, founders and teachers from other

foundations, associations and school all around South Bali, East Bali and West Java.

It was a great opportunity for us to gain knowledge in order to enhance our services, introduce our programs as well as build networks among like-minded foundations.



## CommUnity

We, together with the Annika Linden Centre family, joined in the community walk held at Kesiman Kertalangu Village. It was a celebration of the 68th Independence Day of the Republic of Indonesia. YPK also provided various health checks such as physical and ENT checkup. YRS provided Pap smear checks for all the women in the village. This activity was part of the continuing efforts to improve community health by sharing resources that YPK offers and strengthen relationships with the local community and organisations.





## Education On Social Stigma

YPK Bali conducted a seminar with the theme “Traditional and Religious Perspective on Disability”. Its aim was to spread knowledge on disability so people could understand that those with disabilities have equal rights. More importantly, to remove the social stigma that was traditionally attached to it.

There were more than 100

attendees at the seminar from a variety of backgrounds across the island.

The speaker, Ida Pandita Dukuh Acharya Dhaksa (Hindu Priest), emphasised that people often do not have clear understandings about karma or any other rules related to their tradition or religion. Also, some do not understand the implications of inbreeding.



## Students Run The Family Fun Day

For the first time, YPK students organised and conducted the Family Fun Day at the Annika Linden Centre. It was a rare chance for the students to learn about teamwork and leadership as well as improve their confidence.

They had to complete the invitation for their parents, practice giving speeches, and set up the

agenda for the event. The students also demonstrated their talents in singing, dancing, reading poetry and being a master ceremony in front of their parents and YPK staff.

This event was very successful and we hope to have another Family Fun Day again conducted by the children.



“...to prepare for life as an adult by exploring ways to utilise their abilities to earn money”

## Students Learn To Generate Income

The Educational Program has developed a new activity to assist our adult students to become more independent particularly with generating income.

The teachers are training the students to prepare for life as an adult by exploring ways to utilise their abilities to earn money.

So far, the teachers and volunteers have assisted the students to learn to produce beautiful accessories and cook delicious dishes.

Fortunately, the World Bank event held at the Annika Linden

Centre was a good opportunity to introduce our new products to a very appreciative crowd. A lot of people loved the Brazilian Peanut Slices, Chocolate Slices as well as Lime Coconut Slices made by Yulia (23), Dewa (19) and Rai (17).

We also received very positive feedback from the visitors of the AusAid Social Innovator Award, another event held at the centre.

YPK Bali was delighted to be able to open a stall and many people bought bracelets and necklaces.



## New IDs To Reduce Risk

YPK has recently undertaken a risk analysis and one of the risks identified was the misuse of YPK intellectual property. In order to avoid this problem, the management produced name tags for all staff. Name tags will be used as identification like YPK t-shirts.



## 31 Hearing Aids Donation

We were grateful for the generous donation of 31 pairs of hearing aids from Ms. Hanny Listyowati. We are going to distribute these aids to people with hearing impair-

ment, in co-operation with Bali Hearing Centre (private clinic) and SLB B (school for deaf children), before the BaliRungu program formally runs later in the year.

## Another Success Story

Putu Denny Suartawan (11), a Mobile Clinic client, lives at Abiantuwung Village-Tabanan. He has muscle deformities on his foot and due to his family's financial circumstances, he has never received any healthcare or education. Then on May 2013, he started to join

YPK mobile clinic and came regularly with his father. During this time, he made lots of progress.

"I can move my foot easily now by using a walker," Denny said. Growing up as an introvert child, he has transformed into a more confident and sociable boy.



“Yes, I am a driver but often I can be an extraordinary driver”

### Staff profile: Pak Rai

"Yes, I am a driver but often I can be an extraordinary driver", said Pak Rai. I Gusti Made Rai Sedana or usually called Pak Rai is one of the members in the Mobile Clinic team.

Every day, he passionately drives to remote areas all around Bali to deliver services to those who cannot

reach the YPK rehabilitation centre in Denpasar.

Not only does he drive the team, but also helps the therapist with supervising clients when doing active exercise or assists the clients use the therapeutic equipment. He is really keen to serve people even with his basic skills.



## How You Can Help

Are you visiting Bali or do you live here already? Donating items from YPK Bali's wish list is an easy and effective way to support our work with people with disabilities in Bali.

Wish list items range from simple and cheap rehabilitation equipment

like splints and braces to more expensive and involved items. All of them enable us to provide higher quality services for the people.

To those who are overseas, we welcome financial donations for particular items on the wishlist. You can take a look on *our website*.

