



YPK BALI

Rehabilitation for Physically Disabled

Yayasan Peduli Kemanusiaan Bali - Bali Humanity Care Foundation

Newsletter

January - March 2013

Introduction

Dear friends and family of YPK.

Thank you for your ongoing interest in our work. We're continuing to work hard across all our programs to serve Balinese people with disabilities.

Below are highlights from January, February and March 2013. You can find more information about our work and how to support it on our *website* and *Facebook* page. If you would like to unsubscribe from YPK information, or know someone who would like to begin receiving news from YPK, please email info@ypkbali.org

From the YPK Bali team

A New World

In January YPK moved to the Annika Linden Centre (ALC). We also started our operations with new furniture and facilities. All of our patients are very happy with this new location. They can now receive therapy in more comfortable and spacious rooms.

The children are also very delighted as they can learn more freely with books and all educational resources in their new classrooms. This new environment en-

courages the students to increase their independence. YPK believes that through the ALC, we can deliver the best service possible to people with physical disabilities in Bali. The ALC and its partners successfully held an open house to introduce its services to the government and social workers in Bali.

The ALC is an excellent building for conducting social activities, as well as for strengthening relationships with all of our stakeholders.

Valentine for the Kids

February 14 was a lovely day for every one including the YPK children. They celebrated Valentine's Day by making cards and art for their parents, teachers and therapists. Some children wrote on their cards and they were very touching. Through this activity, we taught them that there are many fun ways to express their love to people. They don't need to feel ashamed because love belongs to everyone and love is in everyone. Happy Valentine's Day!

Learning Together for the Better

There is nothing better than learning together and understanding each other like these great children that spend each day learning and playing with the YPK children. They are Jordan, Vyava and Jzirah who undertake a home schooling program with students of Green School. Hand painting, storytelling, singing and playing games and music are some

of the activities that they have done with the children of YPK. Through the positive power of games and music, all students were encouraged to get to know each other. We observed that these activities are of great benefit to the students of YPK. They certainly feel more confident and comfortable and ultimately accepted in the wider community.



“They don't need to feel ashamed because love belongs to everyone



Sexual Education for the Disabled

Some parents are too busy to improve the physical conditions of their children with physical disability. However, as a community we have to realize that they too are the same as other children who will go through puberty.

All children need sexual health education to understand the natural changes in their body, their reproductive health and how to protect themselves against diseases.

In this activity, we separated the girls and the boys. The psychologist and volunteer from the faculty medical of Udayana University also helped us teach the children, who enthusiastically joined in this new class because it was something new for them. Through the information that was given to each, they can grow into a healthier person and be aware of the dangers that they may be exposed to.

Expanded to More Villages

In February, our mobile therapy team started expanding our services area to three other villages, Beng Village and Bona Village in Gianyar regency, and Kaba-Kaba Village in Tabanan regency.

Those areas were chosen according to the data we received from the Social Bureau that found that these villages have high numbers of people with physical disabilities. To give a better understanding about our activities and procedures

in the mobile therapy program, we held a presentation for the village community, the village staff members and the social bureau staff.

As a result, we have 39 new patients who are mostly stroke survivors, people with bone deformities who have never received any physiotherapy, and also children with cerebral palsy.

We'll support them through our beneficial programs so they are able to continue their daily activities.

“Through this, they can be aware of the dangers ...

Ongoing Support from the community

- Support from *I'm an Angel*: It is a non-profit organisation that is dedicated to empowering rural communities. They continued their support to one of our children, Komang Sukareni, in YPK's education program by funding her for one year. I'm an Angel also helped us by donating some walking frames and canes. YPK is very grateful for their support as it will definitely help our beneficiaries receive better education and better health improvements.

- Support from *GMIS-Bali*: YPK Bali has established an excellent and strong relationship with Gandhi Memorial International School (GMIS) Bali. And they continued to support us through their students that come

every Saturday to YPK to do a variety of fun things including playing games, and teaching our children some craft. They also assist some students who find it difficult to do painting and read books. This weekly visit is really helpful for the teachers who supervise more than 15 students at once every Saturday.

- Support from the *Australian Consulate General Bali*: YPK Bali has received support from the Australian Consulate General Bali through Direct Aid Program (DAP). This project has strengthened our Community Awareness Program, especially the disabled advocacy and informal education through the provision of equipment and mobilization tools.



Mobility Aid Distribution

This month, we started distributing mobility aids, which were bought with the funds from our fundraising event last year. We also bought walking frames, crutches and wheelchairs totalling Rp. 3.704.000. Field staff from the

Public Health Centre joined us in distributing those useful equipment. The field staff will help YPK supervise the use and maintenance of the aids that will greatly assist our patients with doing their daily activities more independently.

Regular Volunteer from Surfer Girl

After moving to the new centre, YPK Bali also has received support from Surfer Girl through their CSR program. Two of their staff will help us with the rehabilitation and education program. These volunteers will work in YPK in 2-week rotations. After almost 2 weeks of starting here, they've been really helpful to both the teachers and therapists to supervise the patients while in the rehabilitation area or the classroom.

“ She became more independent so it made a big impact on her family

Patient's Story: Intan - Regaining Independence

Intan Cahyanti (29) is the youngest patient in YPK who suffered from stroke shortly after giving birth to her first child. This condition means she is not able to take care of her baby. Also, due to her stroke, she has difficulties with vision and balance.

The first time she came to YPK,

she was highly dependent on her husband. But now, Intan has made great progress. Her husband does not have to accompany her at all times. She became more independent, which certainly has made a tremendous impact on her family. Her husband can continue his work and she can take care of her baby.

Staff profile: Gusti Ayu Lely Puspita Dewi

Finance is one of the most important and vital parts of any foundation's operation to remain sustainable and successful. The person in charge must have high commitment and integrity.

Fortunately, we have Lely who joined us since 2010.

Lely is a young woman who is very smart and hard-working. She

succeeded in continuing her education at university through scholarships from YKIP funded by Inspirasia Foundation.

“Being a professional accountant is my dream and my skills become more valuable because I can use it in YPK and contribute to its operations by helping people with disabilities,” said Lely.

How you can help

Are you visiting Bali or do you live here already? Donating items from YPK Bali's wish list is an easy and effective way to support our work with people with disabilities in Bali.

Wish list items range from simple and cheap rehabilitation equipment

like splints and braces to more expensive and involved items. All of them enable us to provide higher quality services for the people.

To those who are overseas, we welcome financial donations for particular items on the wishlist. You can take a look on *our website*.

